



NATIONAL HOOK-UP OF BLACK WOMEN, INC.

P.O. Box 1084

Joliet, IL 60434

*Female Adolescent Health Education and Empowerment Program
“Teen Girls Get Away 2008”*

The National Hook-Up of Black Women, Inc., Joliet Chapter proposes to develop a comprehensive three day retreat to teach at-risk female teenagers ages 13-18, living in an underserved community, about their reproductive function, health, and wellness. We have designed an educational program to enable teens to understand the relationship between teenage emotional well-being and behavior. We hope to prevent and decrease the rate of unintended pregnancies and sexually transmitted diseases. The teens will interact among themselves and with other women professionals in group settings exploring issues such as body image, self-esteem, mental health, female anatomy, reproductive function, sex, and pregnancy. We will utilize the Mathtech Sexuality Questionnaire for Adolescents to assess the impact of the program on three aspects of teen sexuality: knowledge, attitudes and values, and behavior. We will also offer a career development session to discuss goal setting, life beyond high school, scholarships, resume writing, and interviewing skills. We also believe participation in focus groups will facilitate the development of peer mentors and leaders which will then promote the flow of health information between young women. We believe our program exemplifies a mission of promoting lifelong education and equity for women and girls and positive societal change. All participants must reside in Will County and selected parts of Kendall County.

We will hold no more than 10% of the spaces available for residents who live outside of the Will/Kendall county area, in order to increase the diversity of our applicant pool and program, with preference for residents in Kankakee County. We also plan to hold no more than 10% of the spaces for applicants who are financially capable of paying the actual costs of attending the retreat. The retreat fee is \$350.

The retreat will be held Friday, July 11th and Saturday, July, 13th at The Cove of Lake Geneva in Lake Geneva, Wisconsin. All transportation, lodging, and meals will be provided at no cost. Spaces are limited! Applications must be postmarked by January 18, 2008 or submitted online by 11:59pm on January 18, 2008.

After the retreat, interested teens and parents can continue to participate in a year long series of educational and empowerment programs to further the positive growth and development of our female adolescents.

Call the information line at (815) 364 - 2740, email us at nhbwjoliet@netzero.com, or check out the website at www.nhbwjoliet.com under “FAHEEP”

Thank you,

Karen A. Scott, M.D.
Program Director